

# Myers-Briggs - INTJ

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After taking the Myers-Briggs personality type indicator, I got “INTJ”. This is something I could have guessed before taking (I have taken the test before, but even before the first time, I could have guessed it). The people who told me to take it the first time said I would get INTJ, and they ended up being right. (I had no idea what that meant at the time.) It’s definitely an accurate description of my personality and habits, and it was nice to identify these as “normal for certain people”, rather than “simply abnormal”, as well as discovering that there were other, similar people.

Introverted: I got a score of “3” for Extraverted and “25” for Introverted; this, like all the others, is deep into the winning category. This was the only concept from the test I was familiar with before studying it, and the first category I would have chosen for myself. I definitely prefer my own company to a crowd, and require time alone to maintain my sanity and energy. I can deal well with social interaction, but extended contact tends to weary me, unless I am good friends with the other party (or very much enjoying the other party’s company, but that is truly rare). I know myself and can predict my actions fairly well, but most of the time other people are a mystery; as a result I have trouble making new friends that aren’t outgoing. Although I think a lot of people realise that I’m not too outgoing and make a point to talk to me if they’re interested, which has worked pretty well. I have a small group of great friends, and a large group of acquaintances, without much in the middle. I don’t even bother going to parties where I don’t know practically everyone; at the most I’m meeting one or two new people. Otherwise I feel like I’m wasting my time and typically go off on my own somewhere and entertain myself.

Intuitive: I got a score of “1” for Sensing and “24” for Intuitive; going into the test I had some doubts about if I was Sensing or Intuitive. Although reading descriptions of each definitely pointed to me being Intuitive, I was worried my love of order meant I was Sensing; it turns out I got this mixed up with “Judging”, which I’ll explain later. I am constantly analysing; indeed I plan to do research in higher level mathematics, computer science, and potentially linguistics, all analysis-based fields. I also constantly am fantasising about futures that could be, things that could be built, or systems that could work. Occasionally I have to stop myself to actually get work done, or to not be depressed about my current situation. I constantly perceive how things could be improved, rather than how they are, and unfortunately this causes me to complain a lot, at least to myself. I can see the current situations, but they seem so mundane and obvious I do not give them much thought and instead focus on the potential and shortcomings, rather than the current benefits. This also means that unless I am taken by surprise in one form or another, I am not easy to hand

out compliments, but instead offer constructive criticism. Social mores and considerations dictate I should compliment people when analysing as well, but this is almost always an afterthought. Indeed, the situation regarding parenting that the handout mentions is something I've worried about myself; how can I ensure my children will spend time reflecting? This is assuming they turn out like me, though, and I suppose if they do, it'll happen on its own.

Thinking: I got a score of "0" for Feeling and "33" for Thinking. This one is farther skewed in one direction than all the others, and with just cause. The qualities I value the most in myself and like-minded peers are objectivity, rationality, intellect, logic, and distance from emotions in making decisions. I most certainly mask most of my emotions besides excitement and happiness/joy, so most of the time I act very cold and calculated, if I'm not stumbling over words with excitement. (More often than not, to talk, I need to be excited in some degree or another, so I'm not too clear on how I communicate when I'm not excited; typically I'm very brief and clipped.) I also let logic dictate most of my actions, since my emotions don't play a huge part in anything. All the people I admire tend to be cold, logical, decisive, strong individuals with a strong sense of individuality and objectivity.

Judging: I got a score of "2" for Perceiving and "27" for Judging. Another strong category (aren't they all), I at some point confused Judging with Sensing, since ISTJ's tend to like order, and I like order as well, but apparently this has more to do with the J than the S. I most certainly establish deadlines and try to meet them; although I have trouble estimating how long it takes me to do something. (Too many variables, it seems.) I also have trouble not doing work if I have any, otherwise I feel irresponsible and can't enjoy myself. I am almost always driven and self disciplined in areas I care about. I also am very "task-oriented", preferring to get things done in a reasonable amount of time and meeting deadlines. Most of the time before undertaking some task I'll mentally compile a list of all the actions I need to take as a part of said task.

Clearly, I fit all of the groups pretty well. The predictions were right, and every time I read profiles of INTJ's (sometimes known as "Masterminds") I feel like I'm reading a description of my behaviour. Naturally I feel good about it, although I'm not sure if anyone who isn't delusional feels bad about the group they're assigned (if it's correct), since typically it describes one's inherent behaviour, which is probably what they admire in others.